



CATOLICA
FACULDADE DE
CIÊNCIAS HUMANAS

LISBOA

WELCOME TO FCH
2024/2025

MASTER'S PROGRAMS





**WELCOME
TO FCH**



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I. MESSAGE FROM THE DEAN

It is my great pleasure to welcome you to the Faculty of Human Sciences at the Universidade Católica Portuguesa.

With a clear international outlook, the Faculty of Human Sciences has built a solid reputation both for its cutting-edge research and its vibrant teaching. Besides attracting faculty members from over four dozen countries, the research produced at our School is widely acknowledged across the national and international scientific communities while many of our Master's programs feature among the very best in the world according to prestigious international rankings.

We are fully committed to the continued development of our learning and research environments. In addition to enjoying access to world-class teaching, students can also take advantage of a variety of international partnerships established with universities in Asia, North

and South America, Oceania and Europe. Furthermore, because we believe in providing our graduate students with the best job opportunities, we are also proud of our network of national and international companies and organizations running internship opportunities for our graduates.

I urge you to take advantage of all the opportunities that will be made available to you as a student of the Faculty of Human Sciences. As a graduate student we expect you to produce innovative and meaningful research but I can ensure you that we will provide you all the tools to achieve such goal and to develop skills that will accompany you for life.

Welcome to the Faculty of Human Sciences!

Nelson Ribeiro
Dean

II. UCP *CAMPUS*

FACILITIES

The Palma de Cima campus extends over a total area of 43,000 m², and three buildings, through which classrooms, auditoriums, computer rooms, the Library João Paulo II, the Rectorate, administrative and school services, a Congress Center, bars, cafeterias and restaurant, associative and convivial spaces, the bookstore, the stationery and copy center are distributed.

Auditoriums (Buildings 1, 2, 3, 4 and 5)

Restaurant (Building 5)

Cafeterias (Buildings 1, 4 and 5)

TV Studio – Sony Room (Building 4)

Radio Studio – Grupo R/Com (Building 3)

Multimedia Room (Building 3)

Bookstore and Stationery Shop (Building 4)

Library (Building 4)

Bars (Building 1, 4 and 5)

Chapel (Building 4)

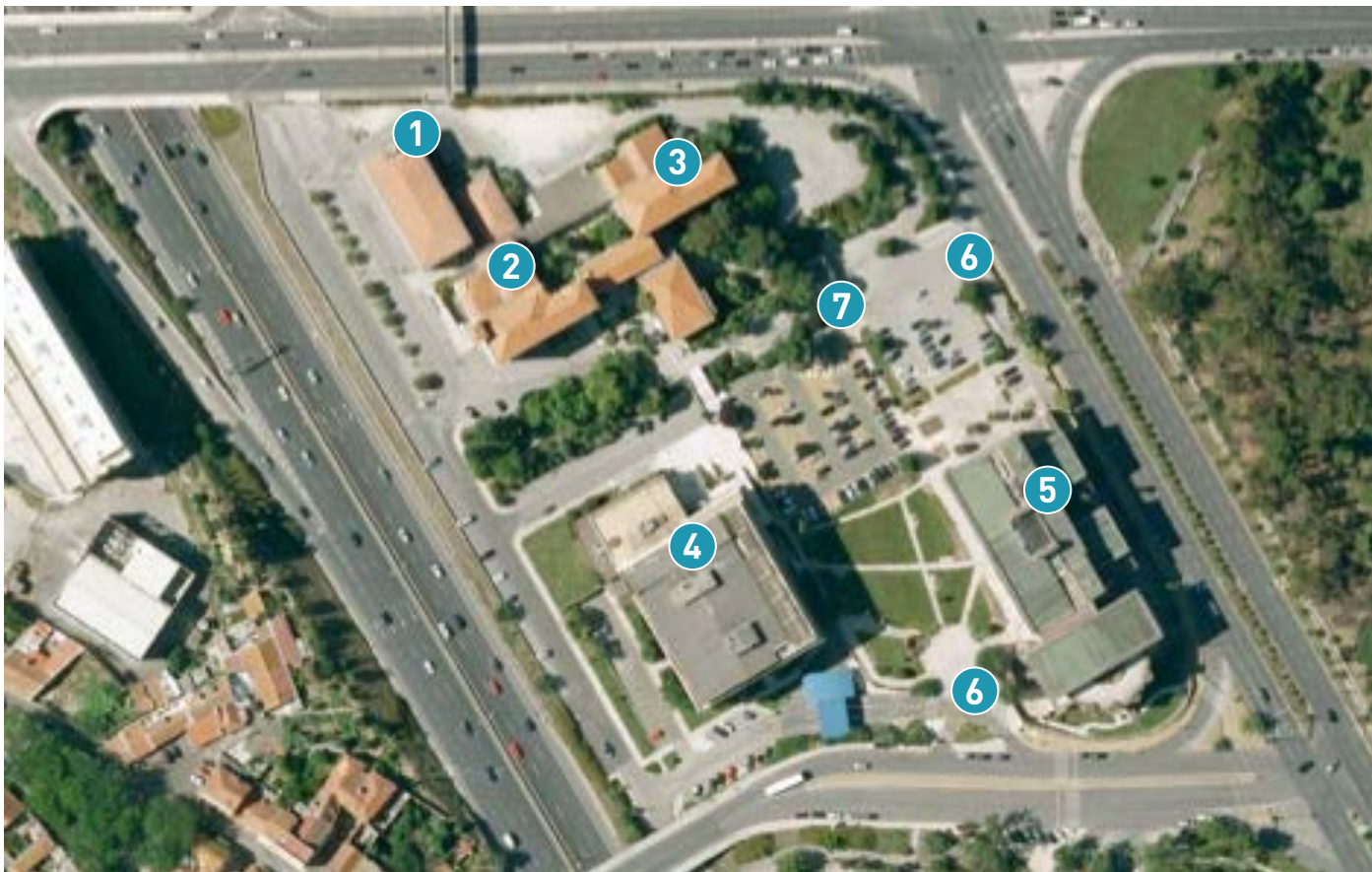
Feminine University Residence

Fundação Amélia de Mello Gallery

Car Parks



MAP



1 2 3 Faculty of Human Sciences/ Lisbon School of Law / Faculty of Theology

Building 1, Floor 0: Cafeteria | Bar

Building 2, Floor 1: Main Entrance | ATM

Building 2, Floor 2: Dean's Office, Graduate Student's Office

4 Library João Paulo II

Floor 0: Copy Center | Card Store | Finance Services | Academic Services | Bookstore | Stationery Shop | Bar | ATM

Floor 3: Library (Entrance)

Floor 6: Rectory

5 Católica Lisbon School of Business and Economics

Floor 0: Cafeteria | Bar | ATM

6 Entrance

7 Smart store

HOW TO GET HERE

This page provides helpful instructions to get to the UCP Campus in the most comfortable way. The access to the campus can be done by car, subway and bus.

Bus (Carris):

The *campus* is served by the following bus routes: 764, 755, 768 (Stop at “Universidade Católica”)

Subway:

Must leave at the station **Jardim Zoológico** (Blue Line) and walk approximately 15 min. or take buses 755/768;

Must leave at the station **Laranjeiras** (Blue Line) and walk approximately 15 min. or take bus 764;

Must leave at the station **Cidade Universitária** (Yellow Line) and walk approximately 12 min. or take bus 755, 764, 768.



III. ACCOMMODATION

Lisbon offers a wide range of student accommodation, from university residences to rooms or shared houses.

In addition to the Feminine University Residence available at Católica, the Faculty of Human Sciences has partnerships with residences located in the heart of the city that make some discounts to students of our school. Ask for more information in the Communication and Marketing Office of FCH.

Coolivin

Coolivin is a Portuguese lifestyle accommodation brand providing students and young professionals with a premium coliving experience in the most desirable locations across Lisbon. The brand is built around a core set of values which are passion, serving, quality and customer centricity.

For more information and registration:

Address: R. António Enes 21-19, 1050-025 Lisboa

Website: www.coolivin.com

Phone: +351 926 238 825 / +351 926 238 825(Whatsapp)

Feminine University Residence (RUF)

The Feminine University Residence is near to the University and is exclusively for female students.

As it is owned by UCP, the students of the Faculty of Human Sciences have priority at the time of selection.

For more information and registration:

Address: Rua Diogo Macedo, nº5, 1600-055 Lisboa (Campo Grande)

Phone: +351 217 958 761 / +351 217 958 549

E-mail: dirruff@ucp.pt

Livensa Living

Livensa Living is located at Cidade Universitária and Marquês de Pombal and offers 18 m2 studios (single and double) for male and female students.

For more information and registration:

Address: Cidade Universitária – Rua Sousa Lopes 51, 1600-207 Lisboa

Marquês de Pombal – Rua do Conde de Redondo 79, 1150-102 Lisboa

Website: www.livensaliving.com

Phone: +351 308 801 638 / +34 608 015 533 (Whatsapp)

E-mail: living@livensaliving.com

Home & Co

Located in the center of Lisbon, Home & Co is a new residence for students with 380 studios and rooms. In addition to individual spaces (with private bathroom, own kitchen, and individual space to study), it also offers options with shared kitchen and living room.

For more information and registration:

Address: Rua Capitão Ramires 24, 1000-085 Lisboa

Website: <https://www.homeand.co/location/lisbon>

Phone: +351 210 203 687

E-mail: lisbon@homeand.com





ACADEMIC INFORMATION

IV. ACADEMIC CALENDAR

WINTER SEMESTER

September 2024

09	Welcome sessions for new students
10	Beginning of Teaching for Master's and PhD degrees
30	Deadline for Submission of Dissertation, Project or Internship Report for Master's Degrees / Doctoral Thesis* Deadline for submission of extension application for submission of Dissertation, Project or Internship Report for Master's Degrees / Doctoral Thesis Deadline for submission of Taught Component application for students who began their degree in the winter semester and who have exhausted the time stipulated by their program regulation

October 2024

05	Holiday (Saturday)
31	Deadline for Registration of Dissertation, Project or Internship Report for Master's Degrees / Doctoral Thesis

November 2024

01	Holiday (Friday)
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December 2024

01	Holiday (Sunday)
08	Holiday (Sunday)
13	Last day of teaching before Christmas break
16 Dec. to 03 Jan.	Christmas break

January 2025

06	Teaching resumes
13	Deadline for requesting Degree Diploma (PhD)
24	End of teaching – Winter semester

SUMMER SEMESTER

February 2025	
03	Beginning of teaching
March 2025	
03	Carnival break
04	Carnival holiday
18	MyCareer
31	<p>Deadline for posting 2024/2025 Winter semester student marks</p> <p>Deadline for submission of Dissertation, Project or Internship Report/ Doctoral Thesis for students who began their degree in the Summer semester 2023/2024</p> <p>Deadline for registration of Dissertation, Project or Internship Report/ Doctoral Thesis for students who began the Master's Degree in the Summer semester 2023/2024</p> <p>Deadline for extension application for Dissertation, project or Internship Report for students who began the Master's degree in the summer semester</p> <p>Deadline for submission of Taught Component application for students who began their degree in the Summer semester and who have exhausted the time stipulated by their program regulation</p> <p>Deadline for submission of Dissertation, Project or Internship Report students (Master in Social Service)</p>
April 2025	
11	Last day of teaching before Easter break
20	Easter
28	Teaching resumes
25	Holiday (Friday)
May 2025	
01	Holiday (Thursday)
June 2025	
10	Holiday (Tuesday)
12	End of teaching – Summer semester
13	Municipal holiday (Friday)
19	Holiday (Thursday)
25	End of Summer semester and deadline for posting student marks (MSc in Psychology)
July 2025	
01 - 02	Enrolment for Remedial ("Recurso") Exams (MSc in Psychology only)
07 - 08	Remedial ("Recurso") Exams – Written Component (MA in Psychology only)
10 - 11	Remedial ("Recurso") Exams – Oral Component (MA in Psychology only)
15-18	Enrolment for the 2025/2026 Academic Year (online)
31	<p>End of 2024/2025 Academic Year</p> <p>Deadline for posting 2024/2025 Summer semester student marks</p>





LIFE ON *CAMPUS*

v. BENEFITS OF STUDYING AT CATÓLICA

OFFICE 365

The Universidade Católica Portuguesa has established a protocol with Microsoft in order to make Office 365 available free of charge to the entire Academic Community.

The access to all Office 365 services can be done with the same login and access password to the remaining Computer Services of the Headquarters.

Each user can install Office on five PCs or Mac and unlimited mobile devices (Windows, iOS and Android). For more information you should access <https://portal.office.com/>.

UCP STUDENT CARD

The UCP Identification Card is the card that identifies the student, within the scope of their school activities, as well as teachers and employees of the institution.



This mandatory card, personal and non-transferable, should always accompany its holder on campus, identifying him at the University.

THE STUDENT CARD OF THE CATHOLIC UNIVERSITY OF PORTUGAL ALLOWS YOU TO:

- benefit from discount in the canteen and on the purchase of books at the University Bookstore;
- access spaces with entrance control;
- access the library and the loan service for books and other publications;
- print and use the self-service photocopiers at the various campus buildings.

This card may have a banking valence, offering the advantages granted by Caixa Geral de Depósitos (CGD) under the institutional cooperation agreement between the Universidade Católica Portuguesa and CGD.

E-SERVICES

The Universidade Católica Portuguesa has several online services available to Students, Faculty and Staff. To access these services, students receive their credentials at the time of first registration. If, for some reason, you do not know the access password, go to the Student's Office of the Master in Communication Studies and request the regeneration of the same.

Unique Digital Identity for Students

Your e-mail address will take the following form: "s-nsurname@ucp.pt", where "s" serves to identify the student profile and "nsurname" is a unique conjugation based on the first name and surname(s) of each person.

Access link:

<https://outlook.office365.com/>

Moodle

The information portal about your courses.

Access link:

<https://moodle.lisboa.ucp.pt/>

ESCA

The information portal about your administrative route (make applications, check registrations, etc.).

Access link:

<https://sca.lisboa.ucp.pt/e-sca>

MYFCH

At MYFCH you will find all the necessary information (e.g. class schedule) and you can answer questions during your academic career at FCH.

Masters Access Link:

<https://fch.lisboa.ucp.pt/about-fch/services/myfch-masters>

Doctorals Access Link:

<https://fch.lisboa.ucp.pt/about-fch/services/myfch-phds>

HELPDESK

The portal to support issues related to the IT service of UCP.

Phone: (+351) 217 21 42 30 between 9:00h and 13:00h and between 14:00h and 18:00h

E-mail: helpdesk@ucp.pt

Access link:

<https://helpdesk.lisboa.ucp.pt/>

SEMINAR ROOMS

Starting classes at a new University means that you need to learn where everything is located, including seminar rooms. At first, it may seem like trying to solve an impossible puzzle, but it is actually quite easy. You just need to understand the logic behind it.

The first digit refers to the number of the building, the second to the number of the floor and the last digit(s) to the number of the room.

Example: Your seminar takes place in room 421. 4= building; 2=floor 2; 1=room 1

Note: You can download the "MyCatólica" App for free and use it to find the room you are looking for, among other functionalities.

vi. RELEVANT CONTACTS

Faculty Board

 Building 2, Floor 3
 (+351) 21 721 4190/99
 direcaofch@ucp.pt

Dean

Nelson Ribeiro
 nelson.ribeiro@ucp.pt

Vice-Dean

Prof. Alexandra Lopes
 mlopes@ucp.pt

Members of the Faculty Board

Prof. Ana Margarida Abrantes
 ana.margarida.abrantes@ucp.pt



Prof. Catarina Duff Burnay
 cburnay@ucp.pt

Prof. Susana Costa Ramalho
 susana.costaramalho@ucp.pt







Prof. Jorge Santos Alves
 jorgesantosalves@ucp.pt

Graduate Student's Office

The Student's Office supports students on issues related to their academic background (registrations, schedules, justifications for absences, ...) from the first to the last day of the program.

 Building 2, Floor 3
 Monday to Friday from 10:00h - 13:00h /
15:00h - 19:00h

Secretary

Rebeca Henriques
 rehenriques@ucp.pt
 (+351) 217 214 194
Sabrina Martins
 samartins@ucp.pt
 (+351) 217 214 148
Sílvia Carvalho
 silcarvalho@ucp.pt
 (+351) 217 214 223


Coordinator (PhD in Communication Studies)

Nelson Ribeiro
 nelson.ribeiro@ucp.pt

Coordinator (PhD in Culture Studies)

Prof. Isabel Capeloa Gil
 isabel.gil@ucp.pt

Coordinator (PhD in Psychology: Emotions and Wellbeing)

Prof. Francisco Esteves
 festeves@ucp.pt

Coordinator (Master in Asian Studies)

Prof. Jorge Santos Alves

✉ jorgesantosalves@ucp.pt

Coordinator (Master in Communication Studies)

Prof. Catarina Duff Burnay

✉ cburnay@ucp.pt

Coordinator (Master in Culture Studies)

Prof. Diana Gonçalves

✉ diana.goncalves@ucp.pt

Coordinator (Master in Psychology in Business and Economics)

Prof. Joana Carneiro Pinto

✉ joanacarneirpinto@ucp.pt

International Relations Office

The International Office supports incoming and outgoing students in mobility processes.

📍 Building 2, Floor 3

🕒 Monday to Thursday from 10:00h – 12:00h /
14:00h – 18:30h

Coordinator: Prof. Carla Ganito

✉ cganito@ucp.pt

Secretary: Clementina Santos

✉ c.santos@ucp.pt

☎ (+351) 21 721 42 04

Secretary: Leonor Bibas

✉ lbibas@ucp.pt

☎ (+351) 21 426 97 99

Careers Office

The Careers Office supports students to design a professional development plan to seek national or international curricular and extracurricular internships. In addition, the Careers Office organize events to promote contact between students and the professional market (e.g. MyCareer, job shadowing and mentoring).

📍 Building 2, Floor 3

🕒 Monday to Friday from 10:00 – 12:30h/
14:30h – 18:00h

☎ (+351) 21 721 40 18

✉ careersoffice.fch@ucp.pt

Coordinator: Prof. Ana Evans

✉ aevans@ucp.pt

Prof. Joana Carneiro Pinto

✉ joanacarneirpinto@ucp.pt

Prof. Sofia Pinto

✉ srpinto@ucp.pt

Secretary: Cristina Nunes


✉ cnunes@ucp.pt

Communication and Marketing Office

The communication and marketing team is responsible for FCH-Católica communication, institutional events, as well as marketing and admission activities of the Undergraduates, Master's, PhD and Post-Graduate and Advanced Training Programs.

In contact with students, the office provides support on issues related to the application process for any program and in the management of school ambassadors.

 Building 2, Floor 3

 Monday to Friday from 10:00h – 12:30h /
14:30h – 18:00h

 (+351) 217 214 293/81

E-mail (general):

 fchcomunicacao@ucp.pt

E-mail (Undergraduate Degree - Admissions):

 licenciaturasfch@ucp.pt

E-mail (Masters - Admissions):

 mastersfch@ucp.pt

E-mail (Doctoral Degrees - Admissions):

 phdfch@ucp.pt

Research Centre for Communication and Culture (CECC)

CECC's core mission is the study of culture, literature, art and communication as drivers of societal change and the promotion of advanced research training in the humanities, with a focus on the development of innovative cross-disciplinary challenge-based inquiry.

 Building 2, Floor 3

 Monday to Friday, from 9:00h – 19:00h

 (+351) 217 214 193

 cecc@ucp.pt

 www.fch.lisboa.ucp.pt/cecc

Católica Research Centre for Psychological, Family and Social Wellbeing (CRC-W)

CRC-W aims to promote and develop multidisciplinary research on individual, family and social wellbeing.

 Building 3, Floor 3

 (+351) 217 214 018

 crcw.fch@ucp.pt

 www.fch.lisboa.ucp.pt/crc-w

Social Responsibility Office

The Social Responsibility Office provides information on economic support (direct and indirect) psychoeducational support and personal and professional appreciation.

 Building 4, Floor 5

 Monday to Friday from

10:00h - 12:00h / 14:00h - 16:00h

 (+351) 217 214 037

 grs.sede@ucp.pt

 www.grs.lisboa.ucp.pt

Chaplaincy

The campus chapel holds a mass every day at 13:00h.

 Building 4, Floor 0

Fr. Miguel Vasconcelos

 (+351) 217 214 105

 capelania.sede@ucp.pt

AEFCH – Students Union

The AEFCH - Students Union aims to represent the students in their common and specific interests, to foster the moral, cultural, and physical development, and to fortify the bonds of solidarity among the students.

 Building 1, Floor -1

 aefch@ucp.pt

VII. SERVICE SCHEDULES

Academic Services/ Serviços Académicos UCP

The Academic Registry of the UCP is the certifying entity of the school activity. This office is responsible for the management of registrations, applications, certificates, diplomas and school insurance.

📍 Building 4, Floor 0

🕒 Monday to Friday from

9:00h – 18:00h

☎ (+351) 217 21 40 83

✉ academicservices.lisboa@ucp.pt

Finance Service / Tesouraria

📍 Building 4, Floor 0

🕒 Monday to Friday from

9:30h - 12:30h / 14:00h - 16:00h

☎ (+351) 217 214 077/9

✉ tesouraria.sede@ucp.pt

Library João Paulo II

📍 Building 4, Floor 3

🕒 Monday to Friday from 9:00h - 21:00h

☎ (+351) 217 214 011

✉ biblioteca.lisboa@ucp.pt

Bars, Cafeterias and Restaurant

In all buildings there is the possibility of making light meals. Lunch and dinner are served in the cafeterias. To benefit from subsidized pricing, students must present the UCP card.

Cafeteria and Bar Eurest

- 📍 Building 1 (Faculty of Human Sciences), Floor 0
- 🕒 Cafeteria: Monday to Friday from 12:30h - 15:00h
- 🕒 Bar: Monday to Friday from 7:30h - 18:00h

Bar “Jardim dos Sabores”

- 📍 Building 4 (Library João Paulo II), Floor 0
- 🕒 Monday to Friday from 8:30h - 18:30h
- 🕒 Saturday from 8:30h - 11:45h

Cafeteria and Bar Eurest

- 📍 Building 5 (Católica Lisbon School of Business and Economics), Floor 0
- 🕒 Cafeteria: Monday to Friday from 12:30h - 15:00h/19:00h - 21:00h
- 🕒 Bar: Monday to Friday from 7:30h - 20:00h

Restaurante Vila Plana

- 📍 Building 5 (Católica Lisbon School of Business and Economics), Floor 4
- 🕒 Monday to Friday from 12:30 - 15:00h

Bookstore / Livraria

- 📍 Building 4, Floor 0
- 🕒 Monday to Friday from 9:00h - 18:30h

- ☎ (+351) 217 214 024
- ✉ livraria.sede@ucp.pt

Stationery Shop / Papelaria

- 📍 Building 4, Floor 0
- 🕒 Monday to Friday from 8:45h - 17:30h

- ☎ (+351) 217 214 026
- ✉ papelaria.sede@ucp.pt

Card Store / Loja do Cartão

- 📍 Building 4, Floor 0
- 🕒 Monday to Friday from 9:00h - 13:00h / 14:00h-17:00h
- ☎️ +351 217 214 289
- ✉️ espacocartao.sede@ucp.pt

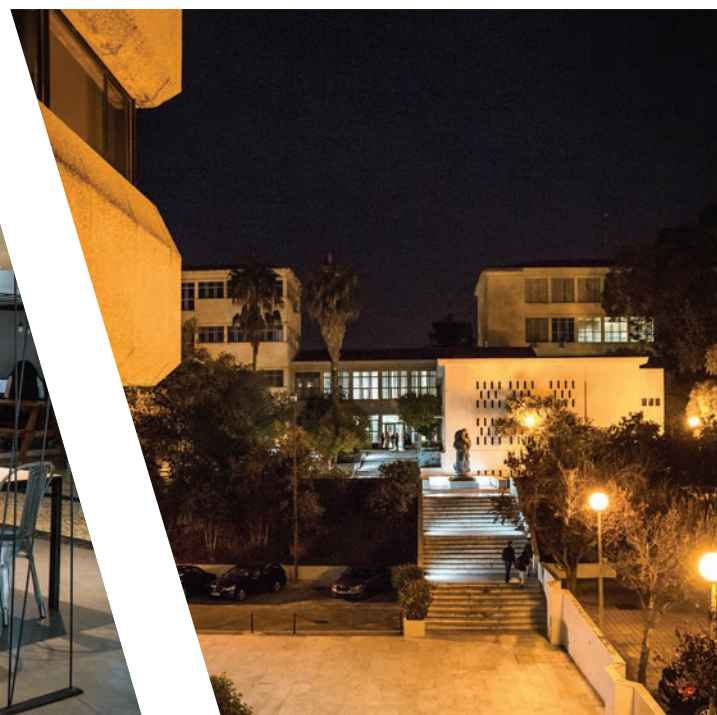
Copy Center / Centro de Cópias Duplix

- 📍 Building 4, Floor 0
- 🕒 Monday to Friday from 09:00h - 18:00h
- ☎️ (+351) 217 214 025
- ✉️ ucp@duplix.pt

Car Park

- 📍 Next to the entrance of the South Park
- 🕒 Car Park w/Parker - Monday to Friday, from 07:00h to 22:00h - Saturday 08:00h to 19:00h
- Automatic Payment Machine - Monday to Sunday | 00:00h to 24:00h
- ☎️ (+351) 217 214 111
- ✉️ portageiro.sede@ucp.pt





INFORMATIONS

EXPENSES – LIVING COSTS

- Accommodation: A room costs between 400.00€ - 800.00€, monthly
- Meal at *FCH* Canteen: 5.00€
- Meal at *FCH* Bar: 3.00€
- Average Burger King Menu: 9.00€
- Cinema Ticket: 7.15€
- Transportation to *Porto* or *Algarve*: 10.00€ - 40.00€
- Museum Ticket: Free – 20.00€ (Free museums on the 1st Sunday of every month)
- Night Life (entry): 5.00€ - 30.00€
- 1 month of gym membership: 30.00-50.00€
- *Espresso*: 0.80€; *Americano*: 1.10€; Cappuccino: 3.50€
- Monthly ticket public transport: 30.00€ - 40.00€
- 1 beer 200ml: 1.50-3.00€
- Ticket for a football match or cultural events: from 10.00€ onwards
- Essential Groceries (milk, bread, eggs, rice, pasta, cheese, chicken breast, banana, etc.): 30.00€
- Paddle Court (pp 60 min): 5.00-10.00€

HEALTH INSURANCE

• HEALTH INSURANCE EU / EEA / SWITZERLAND / UK CITIZENS

Students from the EU, EEA, Switzerland, and United Kingdom can access the Portuguese National Health System (public hospitals and health centers) by showing a valid European Health Insurance Card. You will be charged the same fee as a Portuguese citizen. The process to acquire the European Health Insurance Card varies from country to country and so does its validity period.

• ALL OTHER NATIONALITIES

A valid International Insurance is necessary to obtain a Temporary Stay Visa/Student Visa. You should check with your healthcare service provider which health units you can use during your stay. However, as a norm, you should always check what type of coverage your national health insurance provider gives you. Kindly be aware that the health insurance policy should be purchased in the students' country of origin before departure.

USEFUL EXPRESSIONS IN PORTUGUESE

- Hello! *Olá!*
- Goodbye *Adeus*
- Good morning *Bom dia*
- Good afternoon *Boa tarde*
- Good evening/Goodnight *Boa noite*
- Yes *Sim*
- Good luck! *Boa sorte!*
- Enjoy your food *Bom apetite*
- See you tomorrow! *Até amanhã!*
- No *Não*
- Thank you *Obrigado*
- You're welcome *De nada*
- Please *Por favor*
- Sorry *Desculpa*
- What time is it? *Que horas são?*
- How much is it? *Quanto custa?*
- The bill, please. *A conta, por favor*





REGULATIONS

viii. MASTER'S DEGREES REGULATION



ix. DOCTORAL DEGREES REGULATION



Note: The information included in this guide is subject to change.
For further questions, contact the responsible service.

Last Update FCH - August 2024





CATOLICA
FACULDADE DE
CIÊNCIAS HUMANAS

LISBOA

f FCH.UCP

@ FCHCATOLICA

www.fch.lisboa.ucp.pt

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Universidade Católica Portuguesa
Palma de Cima
1649-023 Lisboa
Portugal

VALUE FOR LIFE