



## Fact Sheet for Student Exchange Programs 2026–2027
















**Faculty of Human Sciences | FCH**  
**Universidade Católica Portuguesa**  
(Erasmus code: P LISBOA01)

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ACADEMIC INFORMATION 2026–2027	Fall Semester	Spring Semester
<b>Nomination Deadlines</b>	15 May 2026	30 October 2026
<b>Application Deadlines</b>	31 May 2026	15 November 2026
<b>Guidance Sessions</b>	Early September 2026	Early February 2027
<b>Academic Semesters</b>	Early September 2026 to January 2027	Early February to June 2027
<b>Appeal Examinations</b>	July 2027	



<p><b>Standard for Languages of Instruction</b></p>	<p>Portuguese — CEFR Level B1 English — CEFR Level B2</p>
<p><b>Academic Programmes</b></p>	<p>Courses offered in English and in Portuguese:</p> <ul style="list-style-type: none"> <li>- <a href="#">Undergraduate Study Program</a></li> <li>- <a href="#">Master's degrees</a></li> </ul> <p><b>Undergraduate Degrees:</b></p> <ul style="list-style-type: none"> <li>- <a href="#">Philosophy, Politics and Economics (PPE)</a>  </li> <li>- <a href="#">Communication and Cultural Sciences</a> </li> </ul> <p>(Media and Journalism, Communication, Marketing and Public Relations, Cultural and Touristic Communication and Audiovisual and Multimedia.)</p> <ul style="list-style-type: none"> <li>- <a href="#">Social Work</a> </li> <li>- <a href="#">Psychology</a> </li> <li>- <a href="#">Applied Foreign Languages (LEA)</a>  (Specialisation in Business Relations and Translation)</li> </ul> <p><b>Master's Degrees:</b></p> <ul style="list-style-type: none"> <li>- <a href="#">Communication Studies</a>  </li> </ul> <p>(Specialisation in Communication, Marketing and Advertising, Strategic Communication and Leadership, Communication and Digital Transformation; Journalism and Media and Entertainment.)</p> <ul style="list-style-type: none"> <li>- <a href="#">Asian Studies</a> </li> <li>- <a href="#">Culture Studies</a> / <a href="#">The Lisbon Consortium</a> </li> <li>- <a href="#">Psychology in Business and Economics</a> </li> <li>- <a href="#">Master in Psychology and Environmental Sustainability</a> </li> <li>- <a href="#">Psychology of Wellbeing and Health Promotion</a> </li> <li>- <a href="#">Social Work</a> </li> <li>- <a href="#">Translation</a> </li> </ul>

**INFORMATION FOR INCOMING EXCHANGE STUDENTS:**

<p><b>Portuguese Language Course</b></p>	<p><b>Portuguese Course</b> (6 ECTS) Four hours and a half (4h30) a week during the semester. <b>Fee:</b> 275€ For further information contact <b>Clementina Santos</b> (<a href="mailto:c.santos@ucp.pt">c.santos@ucp.pt</a>).</p>
<p><b>Health Insurance Requirements</b></p>	<p><b>EU students:</b> European Health Insurance Card (EHIC) <b>Non-EU students:</b> Private Health insurance</p>



<b>Online Application</b>	<p>Students will receive an email with the hyperlink to the online application form after being nominated by their home university.</p> <p>Students should submit their application online and provide additional documents: transcript of records and identity card or passport.</p>
<b>Accommodation</b>	<p>The International Relations Office provides a list of suggestions with websites and platforms that announce accommodation offers. We suggest students start looking for accommodation well in advance, due to the high-level of demand in Lisbon nowadays.</p>
<b>Lisbon: Cost of Living</b>	<p>Living in Lisbon is affordable. Students can spend an average of <b>€850/€950 per month</b>.</p> <ul style="list-style-type: none"><li>• Housing (per month): €450 to €800</li><li>• Food (per month): €300 to €400</li><li>• Meal in the university canteen: ~ €5</li><li>• Meal at a restaurant: €12 to €18</li><li>• Coffee (Espresso): €0.75</li><li>• Transportation (monthly pass): ~€30 (Lisbon only), ~€40 (Greater Lisbon Area)</li><li>• Subway ticket: €1.80</li><li>• Cinema: €6.90 -10€                      Museum: ~€15</li><li>• Nightclubs: about €15 / €20</li></ul>

*Lisbon, April 2026*