



**International Internship Mobility Programme**  
**Erasmus+ Internship Mobility Programme**  
**2025-2026 Academic Year | 1<sup>st</sup> Semester**

**Grant Table**

**Group 1:**

- Austria
- Belgium
- Denmark
- Finland
- France
- Germany
- Iceland
- Ireland
- Italy
- Liechtenstein
- Luxembourg
- Norway
- The Netherlands
- Sweden

**600.00 €/month (= 30 days) + Travel**

**Group 2:**

- Czechia
- Cyprus
- Spain
- Estonia
- Greece
- Latvia
- Malta
- Slovakia
- Slovenia

**550.00 €/month (= 30 days) + Travel**

**Group 3:**

- Bulgaria
- Croatia
- Hungary
- Lithuania
- North Macedonia
- Poland
- Romania
- Serbia
- Turkey

**500.00 €/month (= 30 days) + Travel**

**Travel:**

[Distance Calculator - Erasmus+](#)

Distance between 10 and 99 km	<b>28.00€</b> / participant (Green Travel <b>56.00€</b> )
Distance between 100 and 499 km	<b>211.00€</b> / participant (Green Travel <b>285.00€</b> )
Distance between 5000 and 1999 km	<b>309.00€</b> / participant (Green Travel <b>417.00€</b> )
Distance between 2000 and 2999 km	<b>395.00€</b> / participant (Green Travel <b>535.00€</b> )
Distance between 3000 and 3999 km	<b>580.00€</b> / participant (Green Travel <b>785.00€</b> )
Distance between 4000 and 7999 km	<b>1 188.00€</b> / participant
8000 km or more	<b>1 735.00€</b> / participant



## The Erasmus Grant may comprise the following items according to the case:

- ❖ **Mobility for Internships** (according to the grant table above, according to the total number of days of the mobility)
- ❖ **Green travels Complement** (travel to the host country done by train or by bus, or other green transportation travel means. Students have to present proof of these travels)
- ❖ **Participants with fewer opportunities** ([\*Inclusion support\*](#))
  - **Top-Up** 250,00 € (=30 days) – to beneficiaries from DGES (Portuguese Directorate General for Higher Education - Ministry of Science, Technology and Higher Education support in 2025/2026).

## Grant payment:

It aims to facilitate with living cost differences.

**Total amount of the Grant** = number of mobility days (reference value: 1 month = 30 days).

## 2 installments:

- ❖ **1<sup>st</sup> Installment:** paid at the **beginning** of the mobility (70% of total value), after the Erasmus contract is signed by all parties.

### Example:

A grant of **4,5** months (= **135** days) to Italy:

Total amount estimated is **4** X 600.00€ = 2 400.00€ + **15** days (*half month*) 300.00€

- ✓ **Total amount estimated:** 2 900.00€.
- ✓ **Travel complement:** 309,00€ (Rome)
- ✓ **Grant total:** 3 209,00€
- ✓ **1<sup>st</sup> installment to receive:** 2 246,30€

- ❖ **2<sup>nd</sup> Installment** (remaining amount):

It will be transferred into the student's account up to one month after **all the documents have been submitted, at the end of the mobility period** (after the internship ends and all required documents are submitted).

There will **be an adjustment at the end of the mobility**, depending on the exact number of days of the mobility.



### Return of the grant received:

- ✓ If the evaluation from the host company/organization is negative
  - ✓ If the Internship mobility period lasts less than 2 months (< 60 days)
- ➡ ***the beneficiaries must return the full amount of the Erasmus grant received.***

### Important documents:

- **Application** (online form + IBAN document)
- **Learning Agreement for Traineeships** (LA)
- **The Erasmus Grant Contract** duly signed
- **Certificate of Attendance/Stay** (at the end of the mobility)
- **Online Report** submission - at the end of the mobility)

### Important dates:

Students wishing to apply for an Erasmus scholarship must submit the [application form](#) by **June 8**.

**Results** announced on **June 11**.

### Useful contacts:

#### **Coordinator:**

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#### **Administrative Contact**

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