



CATÓLICA
FACULDADE DE
CIÊNCIAS HUMANAS

LISBOA

Erasmus Grants 2025-2026 Academic year

Mobility Programme for Studies

Mobility Programme for Studies 2025-2026

□ Erasmus Grants

- ❖ **Mobility for Studies** (EU – Programme..)
- ❖ **International Mobility** (Third countries)

- **Green travels Complement**
- **Participants with fewer opportunities** (*Inclusion support*)
 - **Top-Up** 250,00 € (30 days)



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Mobility Programme for Studies 2025-2026

Grant applications

- After being allocated to the university**
- International Mobility** (third countries):
only with Erasmus agreements

Mobility Programme for Studies 2025-2026

Grant Table

Mobilidade física de estudantes e recém-diplomados Portugal Continental		
Destino da mobilidade	Subvenção SMS (Estudos)	Subvenção SMP (Estágio)
Grupo 1: Alemanha, Austria, Bélgica, Dinamarca, Finlândia, França, Irlanda, Islândia, Itália, Liechtenstein, Luxemburgo, Noruega, Países Baixos e Suécia <u>Países Parceiros da Região 13:</u> Andorra, Mónaco, San Marino, Estado do Vaticano <u>Países Parceiros da Região 14:</u> Ilhas Faroé, Reino Unido, Suíça	450 € / mês (+ viagem)	600 € / mês (+ viagem)
Grupo 2: Chéquia, Chipre, Eslováquia, Eslovénia, Espanha, Estónia, Grécia, Letónia, Malta e Portugal	400 € / mês (+ viagem)	550 € / mês (+ viagem)
Grupo 3: Bulgária, Croácia, Hungria, Lituânia, Macedónia do Norte, Polónia, Roménia, Sérvia, Turquia	350 € / mês (+ viagem)	500 € / mês (+ viagem)

International Mobility (3rd countries): 700€/month (+ travel)

Maximum to be awarded: 4 months (2 800€) + travel complement



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Viagens Apoio à deslocação física de estudantes, recém-diplomados e pessoal das IES	
Custos elegíveis	Subvenção SMS, SMP, STA e STT
Contribuição para as despesas de viagem do participante, com base na distância entre o respetivo local de origem e o local onde se realiza a atividade de mobilidade (medição deve ser feita com recurso à calculadora de distâncias disponibilizada pela Comissão Europeia)	Distâncias entre 10 e 99 km: 28 € / participante (Green Travel: 56 €)
	Distâncias entre 100 e 499 km: 211 € / participante (Green Travel: 285 €)
	Distâncias entre 500 e 1999 km: 309 € / participante (Green Travel: 417 €)
	Distâncias entre 2000 e 2999 km: 395 € / participante (Green Travel: 535 €)
	Distâncias entre 3000 e 3999 km: 580 € / participante (Green Travel: 785 €)
	Distâncias entre 4000 e 7999 km: 1.188 € / participante
	8000 km ou distâncias superiores: 1.735 € / participante

[Distance Calculator - Erasmus+](#)

Mobility Programme for Studies 2025-2026

Grant payment

- Aim to facilitate with the living cost differences.

Total amount of the Grant = no. of mobility days

- reference value: (1 month = 30 days).

The contract will predict a duration of mobility in line with the **average duration of mobility** undertaken by students who attended the same university the previous year.

Mobility Programme for Studies 2025-2026

2 installments:

❖ **1st Installment** paid at the **beginning** of the mobility
(70% of total value), after the Erasmus contract be signed by all parties.

Example:

A grant of 4,5 months (= 135 days) to Italy.

Total amount estimated is $4 \times 450.00\text{€} = 1\,800.00\text{€} + 15 \text{ days (half month)} 225.00\text{€}$

Total amount estimated : 2 025.00€.

Travel complement: 309,00€ (Rome)

Grant total: 2 334,00€

1st installment to receive: 1 633,80€

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❖ **2nd Installment** (remaining amount):

It will be transferred into the student's account up to one month after **all the documents have been submitted**, at the end of the mobility period.

There will **be an adjustment at the end of the mobility**, depending on the exact number of days of the mobility.

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Important documents:

- **Application** (online form + IBAN document)
- **Learning Agreement OLA** (*Online learning Agreement*)
(signed by the students and both universities, online)
- Sign **the Erasmus Grant Contract**
- **Certificate of Attendance/Stay** (at the end of the mobility)
- **Online Report** submission (survey)

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Return of the grant received:

- Failure to pass at least **ONE** course will result in the **full return of the Erasmus grant** received.
- Mobility period less than 2 months (< 60 days)

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Information:

Nacional Agency Erasmus+

<https://erasmusmais.pt/>